CE NEWS

Alaska State Library Continuing Education Newsletter

Webinar Picks:

- EBSCO Back to School Training Series
- <u>Building a Website with</u> WordPress
- Resource Description and Access Overview: Making RDA Work

EBSCO Back to School Training Series

Lisa Dennis, is the EBSCO Training Specialist who visited Alaska this summer providing hands-on training on the four new databases added to SLED. Lisa is now providing similar training sessions online. Register for her Back to School webinars by visiting the EBSCO Training Calendar.

Q. Do you know of any good sources for financial literacy training materials?

A: The American Library Association has compiled a terrific list of useful financial literacy resources for you and your patrons. I recommend starting with the www.consumer.gov website, which has financial literacy materials organized in three broad categories: managing your money, credit, loans and debt, and scams and identity theft. If you are looking for a fun way to introduce a financial literacy topic during a workshop, you may want to start with one of the Federal Trade Commission's consumer information videos.

Q: I'm exhausted and starting to feel burned out in my job. Do you know of any sabbatical opportunities for librarians?

A: All of us experience periods of stress occasionally-job burnout is different. Job burnout is emotional, mental and physical exhaustion caused by excessive and prolonged stress. If you feel like you have no control over your work, unappreciated and overwhelmed by having to manage too many responsibilities, you may be experiencing job burnout. If you have worked in your position for at least three years you may qualify for the Rasmuson Foundation Sabbatical Program, "designed to provide time away from the job for nonprofit and tribal leaders to engage in activities for personal renewal and growth."

Events Calendar



<u>Library Development Training & Continu-</u> <u>ing Education Calendar</u>

Preserve the past · Educate Alaskans · Realize potential

